

Chicken Fajita

Spiced strips of chicken, perfect for a quick meal or sandwich!

Cooking Instructions

Fry from frozen

Time: 10-12 minutes

- 1) Heat 3-4 tablespoons of vegetable oil in a large non-stick frying pan over a medium- high heat.
- 2) Once the oil is hot place some frozen chicken fajita strips into the pan, but be careful not to over crowd the pan.
- 3) Fry for up to 10 minutes, turning the strips frequently (every 1-2 minutes)

Top Tip!

Add some extra crunch and flavour to your chicken by adding sliced onion and sliced peppers to the pan. We recommend adding onion and sliced green peppers to the pan, half way through cooking the chicken.

Cooking Precautions

Remove all packaging.

All appliances vary these are guidelines only.

Always wash hands, surfaces and utensils after contact with raw meat.

Ensure product is cooked thoroughly until all juices run clear and there is no raw meat inside.

