

SMILEY'S HOME FOODS

Chicken Pane

our chicken pane is made with 100% chicken breast

Cooking Instructions

Shallow fry from frozen

Time: 8 - 10 minutes

- 1) Place enough vegetable oil in a pan so that it is around 1CM deep and heat to a medium heat.
- 2) To test the oil is hot enough, dip the end of a chicken pane into the oil. If it starts to sizzle, it's ready! Be careful not to over crowd the pan so you can easily turn the pane.
- 3) Fry your chicken pane until golden and crispy, which should take 6-8 minutes. Gently turn your pane regularly to ensure an even crisp all over.
- 4) Once cooked, place onto some kitchen paper to remove excess oil and then serve immediately.

Cooking Precautions

Remove all packaging.

All appliances vary, these are guidelines only.

